

Holy Trinity Catholic Primary School

PSHE Policy

Aims and Objectives

Personal, Social, health Education Policy

Personal, Social and Health Education (PSHE) and Citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so, we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it can mean to be a positive member of multicultural society.

At Holy Trinity we seek to achieve the following aims:

- To give children the experience of school as a caring, supportive, secure environment where there is equal opportunity regardless of race, gender intellectual or physical abilities.
- To help children to understand others and develop good relationships with other members of the school and in the community.
- To nurture the whole child and to help them to achieve their full potential.

We seek therefore to create a welcoming and caring community in which all individuals feel valued and respected and which reflects the essential Catholic character of our school. We also seek to establish an environment in which children's personal, social health and emotional development will be nurtured.

Knowledge and understanding

We use a range of teaching and learning styles. We place an emphasis on active learning by involving the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active Citizenship, e.g. charity fundraising or the planning of special events such as assemblies or organising events for Red Nose day and Children in need. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts and set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from other local churches, whom we invite into the school to talk about their role in creating a positive and supportive local community.

Lessons are planned for children to gain knowledge and understanding of:

- Their intrinsic value as children of God
- Their place in the community
- Their individual strengths and weaknesses
- Their own body and how it functions
- Similarities and differences between themselves and others
- Family relationships
- How friendships and relationships develop
- Health issues, hygiene, diet, exercise, drugs and personal safety.

SEAL programme

Social and Emotional Aspects of Learning

Holy Trinity use the Seal programme to support the PSHE curriculum. The SEAL activities and resources aim to develop children's skills in 5 areas- The five key aspects of learning are

- Self Awareness
- Managing feelings

- Motivation
- Empathy
- Social skills

Holy Trinity Primary has gained the Healthy Schools status which shows evidence of how we promote links between good health, behaviour and achievement. Our aim is to work towards broadening and deepening the healthy schools themes within our school and creating other opportunities to promote health throughout the school day.

Children have the opportunity to engage in after school activities that involve

A cookery club

A fun Fit gross motor programme

Activities both indoors and outdoors

Values and Attitudes

The outcomes of our PSHE programme will be evident from the extent that children

- Display a positive self esteem, self respect, confidence and independence
- Display an awareness of a healthy lifestyle
- Act in a responsible manner
- Display initiative and perseverance
- Respect the rights, values and beliefs of others, both within our school community and beyond
- Respect the right for truthfulness
- Display an awareness for rules in school and respect the authority of those responsible for their care

PSHE in our Teaching Timetable

PSHE is a cross curricular theme which is included in the following aspects of our school timetable.

- The 'Here I am' programme
- SEAL programme
- Class worship
- Science in the national Curriculum
- Sex Education
- Drug awareness education[DARE programme}
- Life Education programme
- Moot groups
- Child of the week
- School council
- The Golden book
- Circle Time

Moot groups

Children are grouped randomly into mixed aged groups of 15-16 children with a member of staff leading the group. Through our MOOT sessions children have the opportunity to learn to respect others opinions as well as expressing their own opinions if they wish. The groups cover issues relating to school life and give all children a time to have their views and ideas listened to and if appropriate acted on as a whole school target.

Child of the week

Every child in the school is given the opportunity to hear positive comments from their peers about aspects of their character and personality. These comments and the child's photograph are displayed in their class for a week. Children are also made special by wearing a child of the week badge.

School council

Children throughout the school are nominated by their peers to sit on the school council for a year. These children represent their peer's views and ideas and are invited to make positive contributions to the running of the school day. Encouraging children's participation in this way supports the United Nations Convention on the Rights of the Child (1989) and values children's input into the daily running of the school day.

The Golden Book

Children who have shown kindness to others, worked to the best of their ability are rewarded by being registered in our weekly Golden book with their name read out at the school Friday assembly.

PSHE coordinator is Barry P Doran

Date reviewed September 2009

Review date: September 2010

Children also have the opportunity of being trained as playground buddies in order to take responsibility for themselves and their peers when supporting others during play and lunchtimes. Children's emotional development is nurtured by the setting up circle of friends and social stories for those children needing extra support some children with emotional needs also benefit from play therapy sessions from outside agency called 'Think Children'.

Religious Education

Children follow the 'Here I Am' religious education programme based on the teachings of the Catholic Church. The programme is organised in a cycle of themes arranged for each school term. Each theme is covered across the whole Foundation and key stages.

Class worship

We hold class worship every Monday. A time to reflect, meditate and to pray. Themes are taken from any topic or chosen from incidents or events in the school week.

Sex Education

The school recognises the role of parents as the first educators in all aspects of their children's education and especially in the area of Sexual health. Teachers seek to compliment the parents by responding to situations and questions as they occur in the light of our catholic faith. Children in Year six participate in discreet lessons given by the school nurse and parents are invited into school to view the material and to hear the programme that their children will be participating in.

Drug Awareness DARE programme

As we share the public concerns regarding the possible consequence of drug misuse our Year 6 children participate in the DARE (Drug Awareness Resistance Education) programme. This is led by a specially trained police officer over a period of 17 weeks.

