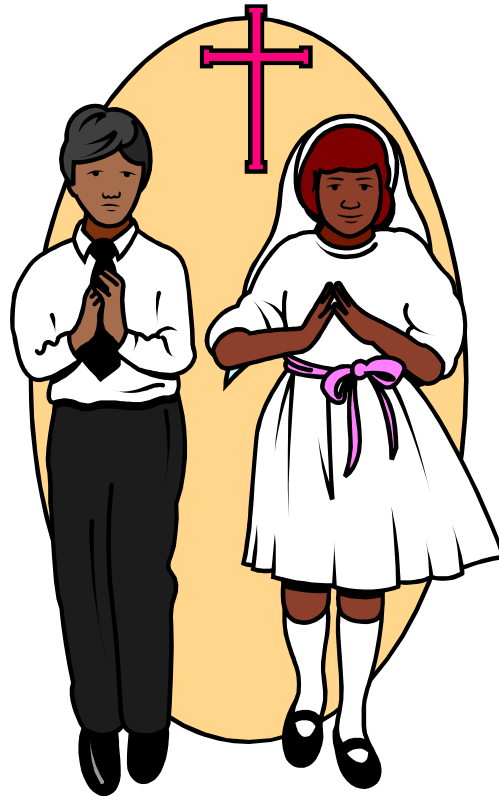


HOLY TRINITY
SACRAMENTAL PREPARATION
PROGRAMME 2023-2024



PARENTS' INFORMATION BOOKLET

Holy Trinity Sacramental Preparation Programme

- Parents Meeting - Tuesday 3rd October
- 1st Class - Sunday 15th October - Chapter 1 "In the Name of the Father"

HALF TERM

- 2nd Class - 5th Nov '23 - Lord Have Mercy
- 3rd Class - 12th Nov '23 - Celebrating Our Rescue
- 4th Class - 19th Nov '23 - God Helps me get it Right
- 5th Class - 26th Nov '23 - Glory to God in the Highest
- 6th Class - 3rd Dec '23 - Reconciliation Format

CHRISTMAS HOLIDAY

- 7th Class - 7th Jan '24 - The Word of the Lord
- 8th Class - 21st Jan '24 - Bread to Offer
- 9th Class - 4th Feb '24 - Fruit of the Vine

HALF TERM

- 10th Class - 25th Feb '24 - Do This in Memory of Me
- 11th Class - 10th Mar '24 - Body of Christ
- 12th Class - 24th Mar '24 - To Love and to Serve

EASTER HOLIDAY

- 13th Class - 21st Apr '24 - Revision and Family Mass Arrangements

Date of Sacrament of Reconciliation - Saturday 27th Jan '24

Dates of Family Sundays - 28th April - 5th May - 12th May '24

Rehearsal for Mass of Celebration Saturday 18th May '24

Mass of Celebration - Sunday 19th May '24

Holy Trinity Parish Sacramental Preparation Programme

OUR JOURNEY TOGETHER

- **This year my family, my catechist and I will get to know and love Jesus even more**
- **We will work together sharing the “I Belong” programme**
- **We will learn to become a better member of God’s family and make good choices**
- **We will find out more about the Mass and enjoy participating**
- **My class promise is**
 - Here I am to listen carefully**
 - Here I am to try my best**
 - Here I am to be a good friend of Jesus**

USING THE "I BELONG" PROGRAMME

- **TOP TIP**

**SHARE
SHARE
SHARE**



- **S ----- Support your child, bring them to class and Mass**
- **H ----- Help them to complete their workbook and learn their prayers.**
- **A ----- ask them about their class, ask them to give their ideas and opinions**
- **R ----- Read the stories in their "I Belong" chapters, children love to hear them**
- **E ----- Encourage them in their work, praise is so powerful!**

Sacramental Preparation Lesson Plan

Sessions	Everyday Life	Scripture	Church	Everyday Life
1) In The Name of The Father	Names – we are special – we belong to a family – we have many gifts. We are very special. God loves each one of us.	Explain sections of the Bible – OLD/NEW. Discuss God’s creation. Introduce NEW TESTAMENT – Annunciation/ Baptism of Jesus	Think about your own Baptism – where, when, We join God’s family	As members of God’s family we follow the example of Jesus, our best friend, in all we say and do.
2) Lord Have Mercy	Story of the little girl and her kitten. Beginning to show more kindness and forgiveness	Old Testament – story of Adam and Eve in garden of Eden. New Testament – parable of Prodigal Son	God is our loving Father – happy to be close to us in Mass/Eucharist. He helps us to understand mercy as a special kind of love.	Learning to show mercy – We become more like God. Think of opportunities at home and at school. Recite prayer asking for help to show love and forgiveness.
3) Celebrating our Rescue	Stories of rescue : Think about personal experiences of being helped from danger or difficulty	Old Testament - story of Daniel in the Lions’ Den. New Testament – parable of the Lost Sheep. Discuss both and how God showed love.	Compare own feelings when we don’t follow Jesus’ example – anger, greed, spite, selfishness. We are rescued in the Sacrament of Reconciliation – we can return to feelings of joy.	Hope and strength for our future lives, knowing God our Father will help us. How can we change and try to be better?
4) God Helps Me Get it Right	Think about learning new tasks and skills. Did someone help us? What have we found difficult?	New Testament – story of Jesus and Zacchaeus. What happened to Zacchaeus after he met Jesus? How did Jesus help him?	Sacrament of Reconciliation – we meet Jesus in a special way – we are given His help and love. We are able to try again and do better.	How can we change our lives? What can we do better? Think about our families and friends – how can we make them happy?

Sacramental Preparation Lesson Plan

Sessions	Everyday Life	Scripture	Church	Everyday Life
5) Glory to God in the Highest.	Help children to consider special experiences. Think of something really wonderful, something glorious. Help them to understand that such experiences are gifts from God.	<u>Old Testament</u> – Moses and the Burning Bush. Read, discuss and emphasise what a glorious experience it was for Moses. <u>New Testament</u> – God’s glorious plan – gift of Jesus. Share shepherds’ experience	We go to church to see, hear and experience the glory of God. We sing and praise God during Mass. Read/sing the words of the Gloria.	Use short Glory Be to The Father from prayer sheet. Help children to learn it & encourage them to recite it each day. Remind them to join in with the Gloria during Mass and to praise and thank God for all his gifts to them.
6) This is the Word of The Lord.	Emphasis on listening skills. Observe animal drawings and find missing parts. What do we like to listen to? Our senses help us to appreciate God’s world	<u>Old Testament</u> – share story of Samuel and how he heard God’s word, and spread message of God’s love and wisdom. <u>New Testament</u> – birth of Jesus – arrival of the Word of God	Mass readings – Jesus continues to be with us spreading God’s Word. Explain differences in readings. 1) Old Testament 2) Usually letters of Apostles 3) New Testament – Life of Jesus	-Big Ears Listening Game -How good a listener are you? -Do we know difference between good/bad listening? -Can you hear the grass grow? -Can you hear a pin drop? -Can you listen carefully during Mass?
7) Bread to Offer	Consider the life cycle of the simple grain of wheat. Think of all the stages and people involved. Focus on the importance of food in our lives and who provides it. What do we enjoy eating?	<u>Old Testament</u> – recall story of the Burning Bush, Moses, and the Israelites. Listen to the story of God’s special bread – manna – saving the Israelites from starvation. <u>New Testament</u> – Story of feeding of 5000 – in desert hungry but with Jesus’ and God’s help they survived.	Preparing God’s special bread – Eucharist – at Mass. Help children to understand all that is involved. - altar – table - paten – plate - chalice – cup At Mass the priest offers our gifts to God and we give thanks.	Help children to appreciate the importance of food in their lives and how fortunate they are. Food keeps their body healthy. Begin to help them understand the importance of God’s special food – Bread of Life – food for their souls.

Sacramental Preparation Lesson Plan

Sessions	Everyday Life	Scripture	Church	Everyday Life
8) Fruit of the Vine	It's party time with lots of lovely things to drink. Which one do you enjoy? We often drink wine when we celebrate special occasions. Think about how we change our drinks as we grow from baby to adult.	<u>Old Testament</u> – Mention Jewish feast of Passover. Wine is drunk as part of the celebration <u>New Testament</u> – Jesus loved to celebrate. Read and discuss Jesus' first miracle – Marriage Feast at Cana	Jesus compares us to a beautiful vineyard and tells us "I am the vine, you are the branches". When we celebrate at Mass we think of ourselves as close to God, spreading out like the branches of the vine to spread God's love and goodness. We look forward to meeting God Our Father in Heaven	Our lives are blessed with many things to celebrate. Name a few. We remember that to celebrate is to give thanks and praise. We thank God for our families. We thank God for the life of Jesus. We thank God for giving us Jesus in Holy Communion.
9) Do this in memory of Me	We enjoy our food. We love to share food at parties, picnics, etc. We feel better after a good enjoyable meal	<u>Old Testament</u> – Share story of Moses and his people preparing for their journey to freedom – PASSOVER MEAL <u>New Testament</u> – Jesus celebrated the PASSOVER each year. Help children to make links between Passover-Eucharist and see Jesus as new saviour and Lamb of God. Recall events of Last Supper	During Mass we remember Jesus and the Last Supper – we share bread and wine. We bless them and offer them to God. Jesus in the Eucharist makes us strong to love God and one another. Receiving Jesus in Holy Communion changes our lives and helps us to love as Jesus did.	Reflect on how receiving Jesus in Holy Communion helps them to follow even closer in his footsteps – making good choices and putting others before ourselves.

Sacramental Preparation Lesson Plan

Sessions	Everyday Life	Scripture	Church	Everyday Life
10) Body of Christ	How things change! Think about the life cycle of a tadpole---> frog. Spot the changes. We change and look different as we grow – we are taller, stronger but we are still the same person. Ask Mum to show you some old photos of yourself.	<u>New Testament</u> Events following The Last Supper – Jesus is risen from the dead. Read stories of Mary and the Gardener, Two Friends and The Stranger. Would you like to meet Jesus? What would you chat about?	Meeting Jesus in The Eucharist. Help children to understand we meet him in a different form – but it is still the Jesus we know and love. Focus on the words of consecration at Mass – This is my body, This is my blood	When we receive Jesus in The Eucharist we become so close to Him we share His risen life and energy to live good, happy lives. When we receive Jesus at Mass we must always be respectful, quiet and still as we welcome Him into our hearts.
11) To Love and To Serve	Continue with food/drink focus – favourites, special treats etc. Then consider how food can affect us – make us better, stronger. e.g. hungry – weak, but after a meal we are refreshed, energised.	<u>Old Testament</u> Introduce the successor of Moses – Joshua. Joshua is the same name as Jesus. Jesus means Saviour. Jesus is the Son of God <u>New Testament</u> Breakfast with the Stranger – Jesus helps the Apostles to catch many fish	At Mass the priest says “Go in peace to love and serve the Lord” Having received Jesus in Holy Communion we will feel better able to live as Jesus taught us, loving and serving everyone we meet.	Think of ways of living our lives as good members of God’s family. <ul style="list-style-type: none"> - At home - At school - Is this a good motto? - Why Treat others as would like to be treated ourselves